

# LONG ISLAND SENIOR GIRLS YOUTH LACROSSE LEAGUE 2017 TEAM DIRECTORY

**Administrator and Assignor**     **Joe Fanning**  
3 Hazel Avenue  
Farmingdale, New York 11735  
Cell: 516-456-7296  
[JFFdalelax@aol.com](mailto:JFFdalelax@aol.com)

## **Bayville**

**Co-Directors**

**Carolyn Sumziek**  
516-965-8002  
[Csumz22@hotmail.com](mailto:Csumz22@hotmail.com)

**Bob Bleistein**  
516-448-4212  
[Bobbleistein@aol.com](mailto:Bobbleistein@aol.com)

**Head Coach:**                     **Samantha Arlotta**  
[Sarlotta05@gmail.com](mailto:Sarlotta05@gmail.com)  
516-509-1304

**Assistant Coach:**                 **Bob Bleistein**  
516-448-4212  
[Bobbleistein@aol.com](mailto:Bobbleistein@aol.com)

**Field Directions:**

Center Island: LIE exit 41. North to Rt. 106 and continue north on 106. Cross 25A continuing on 106. Just into Oyster Bay village make left onto Lexington Avenue. Lexington to end and turn left onto West Main Street. Go under train trestle and continue on West Shore Street along the water on right and then over bridge into Bayville. At end make right onto Bayville Avenue and go to Center Island Beach on right.

## **Cold Spring Harbor**

**Community Director:** **Michael Tauckus**  
516-242-7050-cell  
631-692-2765-home  
[Cshlax7@gmail.com](mailto:Cshlax7@gmail.com)

**Eighth Grade Team**

**Head Coach**                     **Heather Spehr**  
917-853-4007  
[lanespehr@icloud.com](mailto:lanespehr@icloud.com)

**Asst.Coach**                     **Liz Bentley**  
[Lizb21@mac.com](mailto:Lizb21@mac.com)  
917-699-1344

**Asst. Coach**                     **Joely Hetherington**  
631-662-5463  
[Jlc29@me.com](mailto:Jlc29@me.com)

**Seventh Grade Team**

**Head Coach**                     **Mike Tighe**  
917-567-3794  
[Mike.tighe.gqpr@statefarm.com](mailto:Mike.tighe.gqpr@statefarm.com)

**Asst. Coach**                     **Matt Kiernan**  
631-367-3767  
[Matthew.kiernan@hofstra.edu](mailto:Matthew.kiernan@hofstra.edu)

CSH Home Field @ Jim Amen Field (upper turf)

214 Lawrence Hill Rd, Cold Spring Harbor, NY 11724

Take LIE to Seaford Oyster Bay Expressway (Route 135) north and take it to the end. Go east on Jericho Turnpike toward Woodbury. Stay on Jericho Tpke. For about two miles and at traffic light turn left on to Woodbury Road. North on Woodbury a number of miles. Just before Train Station on right turn left at light onto Route 108, which is Harbor Road. Take Harbor Road to first intersection and turn right at stop sign and go up hill on Lawrence Road. At top of hill go past first entrance of High School and then turn left into Upper Turf field parking lot.

## **Commack (No team in 2017)**

Community Director    **Chuck Downey**  
631-543-5925-home  
631-413-4653-cell  
[CDowney30@aol.com](mailto:CDowney30@aol.com)

## **East Meadow (No Team in 2017)**

Community Director    **Kevin Fitzsimmons**  
And Head Coach:        516-983-8115  
[kdfitz@gmail.com](mailto:kdfitz@gmail.com)

Play at East Meadow High School: 101 Carmen Avenue, East Meadow – Hempstead Turnpike to Carmen Road (adjacent to Nassau County Medical Center Hospital). North on Carmen to school on left. Field all the way in the back.

## **Farmingdale No Team in 2017**

Community Director:    **Tracy Riggio**  
516-313-6275-cell  
516-752-2920-home  
[tomntracy@optonline.net](mailto:tomntracy@optonline.net)

**Allen Park:** Southern State Parkway to exit 32 North, which is route 110. North on 110 to first light and turn left there onto Main Street. Continue on Main Street about 1 ½ miles to fourth traffic light just before the train tracks. Turn left at fourth light onto Motor Parkway. Allen Park 1/3 mile on right side.

**Farmingdale HS:** 150 Lincoln Street, Farmingdale – Southern State Parkway to exit 32 North, which is Rt. 110. North on 110 to first left, which is Main Street. Left on Main Street. One mile and turn left either on Sunrise or Intervale. Go to end and turn right on Lincoln. Then left on Woodward Parkway.

## **Garden City**

Community Director    **Joe Gambino**  
917-733-3571  
[Gambino.inc@gmail.com](mailto:Gambino.inc@gmail.com)

### **Seventh/Eighth Grade Team**

Head Coach:    **Chris Besendorfer**  
516-721-7343  
[cjbesendorfer@gmail.com](mailto:cjbesendorfer@gmail.com)

Asst. Coach:    **Brian Cashin**  
516-637-0610  
[cashinbrian@hotmail.com](mailto:cashinbrian@hotmail.com)

### **Eighth Grade Team**

Head Coach:    **Tara Griffith**  
516-659-8072  
[Robtara2@optonline.net](mailto:Robtara2@optonline.net)

Asst. Coach:    **Rob Griffith**  
516-746-5952  
[Robtara2@optonline.net](mailto:Robtara2@optonline.net)

Asst. Coach:    **Lou Cerrato**  
516-747-2002  
[lcerrato@verizon.net](mailto:lcerrato@verizon.net)

### **Garden City Seventh Grade Team**

Head Coach:    **Joe Gambino** (see contact info above)  
Asst. Coach:    **Matt Prybyliski**  
917-363-0899  
[Matthewprybyliski@gmail.com](mailto:Matthewprybyliski@gmail.com)

**Asst. Coach: Bill Reilly**  
[wbreilly@gmail.com](mailto:wbreilly@gmail.com)  
516-680-8802

**Asst. Coach: Kevin Hegarty**  
516-724-1540  
[kevinhags@aol.com](mailto:kevinhags@aol.com)

Field- Garden City HS: 170 Rockaway Avenue, Garden City  
LIE or Northern State Pkwy., or Jericho Tpke., to Shelter Rock Rd. South to Herrick's Rd. South across  
Old Country Rd. (becomes Rockaway Ave.). High school is on right.

## **Half Hollow Hills**

**Community Director: Eric Geringswald**  
631-721-6091  
[Eq23@hillslacrosse.com](mailto:Eq23@hillslacrosse.com)

**7<sup>th</sup>/8<sup>th</sup> Grade Head Coach: Rich Makover**  
631-242-4553  
[Rich.makover@gmail.com](mailto:Rich.makover@gmail.com)

Field- Half Hollow Hills East HS: (50 Vanderbilt Parkway) Northern State Parkway to Deer Park Avenue  
South. Proceed on Rt. 231 (Deer Park Ave) south to Vanderbilt Pkwy and make a right. School is  
approx. two miles on the left.

## **Harborfields (No Team in 2107)**

**Director Michael Paradise**  
516-503-3593-cell  
631-757-2279-home  
[Michael.Paradise@ML.com](mailto:Michael.Paradise@ML.com)

Harborfields Field is at Harborfields HS  
98 Taylor Ave, Greenlawn, NY 11740  
L.I.E. TO EXIT 51. NORTH ON DEER PARK AVE. BEAR LEFT AT FIREHOUSE. TURN RIGHT ONTO BROADWAY (1st  
TRAFFIC LIGHT PAST JERICHO TURNPIKE). FOLLOW BROADWAY TO PULASKI ROAD. TURN RIGHT ON PULASKI RD TO  
SCHOOL.

Alternate Field: Manor Field- Take LIE or Northern State to Route 110 North. Go north on 110 approximately 1.25 miles past  
Jericho Turnpike to Pulaski Road. Turn right onto Pulaski. Go one half mile and turn left onto Lenox. Turn at the first right onto  
East Fifth Street. The field will be on the left

## **Hicksville (no team in 2017)**

Field- Walker Park: Northern State Parkway exit 35 South or LIE exit 41 South and take Hicksville Road (Route 107) south. At third  
traffic light make a left on to Bethpage Road. Proceed to second traffic light on Bethpage Road and make a left on to Andrews  
Road. Field on right.

Hicksville HS: Long Island Expressway to exit 41 South, Broadway, fork to right onto Newbridge Rd. (106 approx. 1 mile South of  
L.I.E.) to Old Country Rd. East (left) 1 block - right on Division Ave. for 3 blocks.

## **Huntington Village**

**Community Director: Jennifer Maichin**  
631-897-0856  
[Jennifer.maichin@gmail.com](mailto:Jennifer.maichin@gmail.com)

### **Eighth Grade Team**

**Head Coach: Dana Forte**  
516-480-0805  
[dgazzini@yahoo.com](mailto:dgazzini@yahoo.com)

**Asst. Coach John McCarron**  
[Jmccarron@mccarronpc.com](mailto:Jmccarron@mccarronpc.com)  
516-384-3842

## **Seventh Grade Team**

**Head Coach:** Geoff Cassell  
516-551-8331  
[Geoffcassell11@gmail.com](mailto:Geoffcassell11@gmail.com)

**Asst. Coach** Dan Baker  
516-428-0917  
[Dbaker67@optonline.net](mailto:Dbaker67@optonline.net)

**Asst. Coach** Doug Brown  
[Dpbrowne17@gmail.com](mailto:Dpbrowne17@gmail.com)  
516-819-3412

Huntington Field is at Breezy Park: Oakwood Road and West Rogues Path, Huntington Station

L.I.E. TO EXIT 49. NORTH ON RT 110 TO JERICO TPKE. TURN LEFT ON JERICO TPKE TO OAKWOOD RD. (GOLDEN DINER IS ON THE CORNER). TURN RIGHT, GOING NORTH, ON OAKWOOD RD. GO APPROXIMATELY 1 MILE TO TRAFFIC LIGHT. PARK IS ON THE LEFT CORNER OF WEST ROGUES PATH AND OAKWOOD. TURN LEFT ON WEST ROGUES PATH TO PARKING ON THE RIGHT.

Huntington HS: Huntington High School • Oakwood & McKay Roads • Huntington • NY • 11743  
• (631)673-2001

## **Jericho (No team in 2017)**

**Community Director:** Jim Corcoran  
[Jimcorcoran18@gmail.com](mailto:Jimcorcoran18@gmail.com)

## **Levittown**

**Director** Michael Nelson  
[MikeNelson1021@gmail.com](mailto:MikeNelson1021@gmail.com)  
516-241-3680

## **Seventh/Eighth Grade Team**

**Head Coach:** Mike Quinn  
516-987-5036  
[MQ21@newyorklacrosseclub.com](mailto:MQ21@newyorklacrosseclub.com)

**Asst. Coach** James McCabe  
516-398-5280  
[James.McCabe@oracle.com](mailto:James.McCabe@oracle.com)

**Asst. Coach** Terrance Stanley  
929-251-0395  
[Tstan38@gmail.com](mailto:Tstan38@gmail.com)

**Field- MacArthur H.S.:** 3369 Old Jerusalem Rd, Levittown  
Exit 28 on Southern State north onto Wantagh Avenue.  
School right there on the first corner

## **Long Beach**

**Community Director  
and Head Coach:** Kim Miller  
917-721-6582  
[Kak94beach@gmail.com](mailto:Kak94beach@gmail.com)

**Asst. Coach:** Brendan Farrell  
516-578-7914  
[bfarrell@msn.com](mailto:bfarrell@msn.com)

Field: Long Beach Middle School

## **Manhasset**

Community Director Mike Reddington  
516-319-2472-cell  
516-627-5040-home  
[mjreddington@gmail.com](mailto:mjreddington@gmail.com)

### **Eighth Grade Team**

**Eighth Grade Team**  
Head Coach Jim Toes  
516-816-3137  
Jtoes26@gmail.com

Asst. Coach Charlie Caliendo  
516-365-3846  
[Gillen1@optonline.net](mailto:Gillen1@optonline.net)

### **Seventh Grade Team**

Head Coach: Mike Sheerin  
516-967-6800  
[Matthew.sheerin32@gmail.com](mailto:Matthew.sheerin32@gmail.com)

Asst. Coach: Drew Miller  
516-503-0984  
[Charlesmiller03@gmail.com](mailto:Charlesmiller03@gmail.com)

Asst. Coach: Kee Chan  
917-716-3886  
Kchan234@gmail.com

**Field- Manhasset H.S.:** 200 Memorial Place, Manhasset

From West: LIE to Exit 35 (Shelter Rock Rd.). From East: LIE to Exit 36 (Searingtown Rd.) and follow service road to Shelter Rock Rd. North on Shelter Rock Rd. approx 2 miles to end of road. Left onto Northern Blvd. for 2 very short traffic lights and turn right onto Plandome Rd. At first traffic light (Police booth on corner) turn left. School is at end of this road. Games are on the Turf field in back of school.

## **Massapequa (No team in 2017)**

Community Director Steve Fritz  
516-695-6386  
fritzzy1284@aol.com

## **North Shore (No team in 2017)**

Community Director Timothy Colbert  
Cell: 516-702-8851\*  
Home: 516-609-9699  
[Tcolbert1622@gmail.com](mailto:Tcolbert1622@gmail.com)

Field: North Shore High School - 450 Glen Cove Avenue, Glen Head, NY 11545

From 25A go north on Glen Cove Road. At the third traffic light turn left. At the end of the short street turn right on Glen Cove Avenue. Go to third light and turn right into the school. Turf field all the way in the back.

Alternative field for the North Shore:  
Glenwood Landing Elementary School  
60 Cody Ave  
Glen Head NY 11547

## **Oyster Bay**

Community Director: Robert Scamell  
917-295-6476  
[rscamell@mac.com](mailto:rscamell@mac.com)

### **7<sup>th</sup>/8<sup>th</sup> Grade Team**

Head Coach: Jesse Laserson  
516-779-2899  
[jlason@gmail.com](mailto:jlason@gmail.com)

Asst. Coach: Robert Scamell  
917-295-6476  
[rscamell@mac.com](mailto:rscamell@mac.com)

**James H. Vernon School** (2) Take Route 106 north approximately 4.5 miles from the LIE/N.Parkway. Cross over 25A and proceed approx. 1/2 mile. School is on left. Field is in the rear.

**OB Main Field- Theodore Roosevelt Park:** LIE or Northern State to Route 107 (Hicksville) north and bear right onto Route 106. Go approximately 6.5 miles from LIE. Stay on 106 and cross over Northern Blvd Turn left onto West Main Street. Go past the Theodore Roosevelt Elementary School. Make a right onto Larrabee Avenue. Proceed north, cross train tracks, and enter the Park

## **Rockville Centre**

Community Co-Directors:

Peter Eschmann  
Cell: 516-263-2794  
[petereschmann@yahoo.com](mailto:petereschmann@yahoo.com)

Peter Cleary  
Cell: 516-480-3690  
[pkc216@optonline.net](mailto:pkc216@optonline.net)

### **Eighth Grade Team**

Head Coach John DeLuca  
516-897-3077  
[Jdeluca70@verizon.net](mailto:Jdeluca70@verizon.net)

Asst. Coach Brian Rathjen  
646-245-2972  
[Rathjenbrian@yahoo.com](mailto:Rathjenbrian@yahoo.com)

Asst. Coach Mark Espiritu  
516-764-1271  
[Mark.espirtu@depfa.com](mailto:Mark.espirtu@depfa.com)

### **Seventh Grade Team**

Head Coach: Helen Fennelly  
516-764-7278  
[hkfennelly@optonline.net](mailto:hkfennelly@optonline.net)

Asst. Coach: Kathy Paesano  
516-764-2519  
[kopaesano@yahoo.com](mailto:kopaesano@yahoo.com)

**RVC Field- Skelos (Peninsula Boulevard) Southern State Parkway to exit 19 south, fields on the right hand side (west side) about ¼ mile south of Southern State.**

**South Side Middle School (SSMS):** Take Southern Stake Parkway to exit 19S. Go South on Peninsula for about 2 miles to traffic light at Lakeview Ave (first light after entrance to Skelos Fields). Make a left onto Lakeview and proceed about ½ mile past 3<sup>rd</sup> light. Field will be on your right.

## **Seaford** (Combined with Wantagh in 2017)

Community Director: Brad Kass  
516-650-8299  
[bradley.kass@gmail.com](mailto:bradley.kass@gmail.com)

Field- Seaford High School: Northern State Parkway, Long Island Expressway, or Southern State Parkway to the Seaford Oyster Bay Expressway (Route 135) south. Exit at Route 105, which is Jerusalem Avenue (Exit 3), just south of the Southern State. At the end of the ramp turn left and then at the traffic light, which is Jerusalem Avenue, turn left again, going under the Expressway. Then at the first traffic light turn right onto Seaman's Neck Road. Continue on Seaman's Neck Road one half mile to the High School on the left.

## **Smithtown**

### **Seventh/Eighth Grade Team**

**Community Director:** Scott Fitzgerald  
**And Head Coach** Cell: 516-429-1937  
[scottfitz@optonline.net](mailto:scottfitz@optonline.net)

**Asst. Coach:** Chris Menella  
631-834-3971

**Asst. Coach:** Chris Theofield  
631-484-9159  
Ctheo10@hotmail.com

### **Field: Smithtown High School East- 10 School Street, St. James, NY Via Long Island Expressway:**

L.I.E. to exit 56. North on Route 111 which becomes Route 25A. After crossing route 25, approx. 1 1/4 turn right onto Woodlawn Ave just before railroad overpass. The parking lot to the turf field is about 1/4 mile from the turn onto Woodlawn Avenue. (DO NOT PARK ON JACKSON AVE. NORTH - YOU WILL BE TICKETED)

## **Syosset**

**Community Director** Alex Concannon  
516-523-0475  
[aconcannon@iciinc.net](mailto:aconcannon@iciinc.net)

**Seventh Grade Team**  
**Head Coach:** Chris Balos  
516-965-4465  
[balosdeli@verizon.net](mailto:balosdeli@verizon.net)

**Asst. Coach:** Frank Romano  
516-313-4128  
FSR759@verizon.net

**FIELD:** Syosset Woodbury Park – north on Route 135 to end (Jericho Turnpike). East on Jericho Turnpike for a short distance. Park entrance on right across the street from the Fox Hollow Inn.

## **Wantagh**

**Community Director** Tom Sullivan  
516-557-5675-cell  
[sullyortho@gmail.com](mailto:sullyortho@gmail.com)

**Seventh Grade Team**  
**Head Coach:** Dave Lampasone  
917-202-0234  
[Roque7512@aol.com](mailto:Roque7512@aol.com)

**Asst. Coach:** Kelley Sweeney

Home Field: Wantagh High School – 3297 Beltagh Avenue, Wantagh  
Southern State Parkway to exit 28. South on Wantagh Avenue to Beltagh Avenue on the right south of Jerusalem Avenue. Right on Beltagh to HS

## **West Islip**

**Director:** Jim Lang  
646-261-4397  
[JimBohl110@optonline.net](mailto:JimBohl110@optonline.net)

**Eighth Grade Team**  
**Head Coach** Joe Nicolosi  
516-238-6154  
[Jn33@optonline.net](mailto:Jn33@optonline.net)

**Asst. Coach** Jim Lang  
See above

**Seventh Grade Team**  
**Head Coach:** Jim Lang  
631-749-1446  
[Jimbohl110@optonline.net](mailto:Jimbohl110@optonline.net)

**Asst. Coach:** Sal Capitano  
631-848-4235  
[Scpe21@optonline.net](mailto:Scpe21@optonline.net)

**Asst. Coach:** Gerard Mule  
516-946-4222  
[Gerardmule@gmail.com](mailto:Gerardmule@gmail.com)

**West Islip Library Field:** SOUTHERN STATE PARKWAY OR **SUNRISE** HIGHWAY to Deer Park Avenue ( Route 231). Just south of Southern State stay left on Rt. 231. Take Deer Park Avenue south to the end. TURN LEFT ON MONTAUK HIGHWAY TO THE 2nd TRAFFIC LIGHT. TURN LEFT ON HIGBIE LANE and right into the Library parking lot.

West Islip HS also on Higbie just north of, and adjacent, to Library