

LONG ISLAND SENIOR GIRL'S YOUTH LACROSSE LEAGUE

2015 TEAM DIRECTORY

Administrator and Assignor **Joe Fanning**
3 Hazel Avenue
Farmingdale, New York 11735
Cell: 516-456-7296
JFFdalelax@aol.com

Bayville

Co-Directors

Carolyn Sumziek
516-965-8002
Csumz22@hotmail.com

Bob Bleistein
516-448-4212
BobblEistein@aol.com

Head Coach:

Maria Varrichio
Cell: 516-315-9776
mvarrichio14@aol.com

Field Directions:

Center Island: LIE exit 41. North to Rt. 106 and continue north on 106. Cross 25A continuing on 106. Just into Oyster Bay village make left onto Lexington Avenue. Lexington to end and turn left onto West Main Street. Go under train trestle and continue on West Shore Street along the water on right and then over bridge into Bayville. At end make right onto Bayville Avenue and go to Center Island Beach on right.

Cold Spring Harbor

Community Director: **Michael Tauckus**
516-242-7050-cell
631-692-2765-home
Cshlax7@gmail.com

Eighth Grade Team
Head Coach

Michael Tauckus
516-242-7050-cell
631-692-2765-home
Cshlax7@gmail.com

Asst. Coach

Ed Fox
516-521-1324-cell
631-367-6040-home
foxball@gmail.com

Seventh Grade Team:

Head Coach

Pam Vegna
631-549-5985-home
631-645-0721-cell
mrsgreengene@icloud.com

Asst. Coaches

George Gleusner
631-427-0100-home
631-944-1065-cell
ggleusner@hotmail.com

John McCoy
631-424-8840-home
516-384-5153-cell
mccoy@optonline.net

CSH Home Field @ Jim Amen Field (upper turf)

214 Lawrence Hill Rd, Cold Spring Harbor, NY 11724

Take LIE to Seaford Oyster Bay Expressway (Route 135) north and take it to the end. Go east on Jericho Turnpike toward Woodbury. Stay on Jericho Tpke. For about two miles and at traffic light turn left on to Woodbury Road. North on Woodbury a number of miles. Just before Train Station on right turn left at light onto Route 108, which is Harbor Road. Take Harbor Road to first intersection and turn right at stop sign and go up hill on Lawrence Road. At top of hill go past first entrance of High School and then turn left into Upper Turf field parking lot.

Commack

Community Director **Chuck Downey**
631-543-5925-home
631-413-4653-cell
CDowney30@aol.com

Seventh/Eighth Grade
Head Coach **Chuck Downey**
631-543-5925-home
631-413-4653-cell
CDowney30@aol.com

Asst. Coaches
Chuck Salomon
631-368-6452-home
631-433-0201-cell
Chazzsalomon@yahoo.com

Keith Cook
631-864-6769-home
631-827-7111-cell
Kmcook22@gmail.com

Home Field @ Commack Sawmill School

LIE Exit 52- North to New Highway

Head East on New Highway 1 mile, school on left

Or Sunken Meadow SM2- right at light onto Harned Rd.

1st Light make left on New Highway, School on left

Farmingdale

Community Director: **Tracy Riggio**
516-313-6275-cell
516-752-2920-home
tomtracy@optonline.net

Marissa Recine
Cell: 516-365-6655
zaza722@optonline.net

Eighth Grade Team:
Head Coach: **Don Poltorak**
Cell: 516-375-3677
dstk@verizon.net

Asst. Coach: **Ben D'Amprisi**
917-553-1488
bdampris@optonline.net

Seventh Grade Team:
Head Coach: **Holly Lapiana**
Cell: 516-383-7128
Home: 516-804-8692
sheraqt12@optonline.net

7th Grade Asst. Coach: **Sean Michaels**
516-658-0732-cell
516-753-1089-home
Seanmike22@gmail.com

Allen Park: Southern State Parkway to exit 32 North, which is route 110. North on 110 to first light and turn left there onto Main Street. Continue on Main Street about 1 ½ miles to fourth traffic light just before the train tracks. Turn left at fourth light onto Motor Parkway. Allen Park 1/3 mile on right side.

Farmingdale HS: 150 Lincoln Street, Farmingdale

Southern State Parkway to exit 32 North, which is route 110. North on 110 to first light and turn left there onto Main Street. Continue on Main Street about ¾ of a mile. Turn left onto Crestwood Blvd which is across the street from the South Farmingdale Firehouse. Go almost to the end of Crestwood and turn right onto Lincoln. At the end of Lincoln turn left onto Woodward and then a quick left into the HS parking lot.

Garden City

Community Director **Gary O'Connor**
Cell: 516-567-9790
Garyoconnor@msn.com

Eighth Grade Team:
Head Coach: **Alison Metzler**
Cell: 516-732-4830
Alisonmetzler@yahoo.com

Asst. Coach: **Brian Kubler**
Cell: 516-410-0135
bkubs@optonline.net

Asst. Coach: **Matthew Heaney**
Home: 516-241-2648
heaneym@raffcap.com

Seventh/Eighth Grade Team
Head Coach: **John Blair**
Cell: 516-459-6972
jcblair35@gmail.com

Seventh Grade Team
Head Coach: **Patrick McElroy**
Cell: 917-750-7346
pmcelroy@clearbridge.com

Field- Garden City HS: 170 Rockaway Avenue, Garden City
LIE or Northern State Pkwy., or Jericho Tpke., to Shelter Rock Rd. South to Herrick's Rd. South across Old Country Rd. (becomes Rockaway Ave.). High school is on right.

Half Hollow Hills NO TEAM IN 2015

Field- Half Hollow Hills East HS: (50 Vanderbilt Parkway) Northern State Parkway to Deer Park Avenue South. Proceed on Rt. 231 (Deer Park Ave) south to Vanderbilt Pky and make a right. School is approx. two miles on the left.

Harborfields

Director **Michael Paradise**
516-503-3593-cell
631-757-2279-home
Michael.Paradise@ML.com

Seventh/Eighth Grade Team:

Head Coach: **Michael Paradise**
Cell: 516-503-3593
Michael.paradise@ml.com

Asst. Coach **JoAnn Pujols**
H: 631-427-5071-
C: 516-658-3444
Jinks1227@yahoo.com

Asst. Coach **Scott Driver**
H: 631-261-9294
C: 631-375-1422
scottwdriver@optonline.net

Harborfields HS

98 Taylor Ave, Greenlawn, NY 11740

L.I.E. TO EXIT 51. NORTH ON DEER PARK AVE. BEAR LEFT AT FIREHOUSE. TURN RIGHT ONTO BROADWAY (1st TRAFFIC LIGHT PAST JERICHO TURNPIKE). FOLLOW BROADWAY TO PULASKI ROAD. TURN RIGHT ON PULASKI RD TO SCHOOL.

Field: Manor Field- Take LIE or Northern State to Route 110 North. Go north on 110 approximately 1.25 miles past Jericho Turnpike to Pulaski Road. Turn right onto Pulaski. Go one half mile and turn left onto Lenox. Turn at the first right onto East Fifth Street. The field will be on the left

Hicksville

Community Director: **Frank Vassallo**
516-807-3266
TwinV@optonline.net

7th/8th Grade Team

Head Coach: **Larry Fox**
516-939-0450
C: 917-213-8794
Foxlax51@aol.com

Asst. Coach: **Frank Vassallo**
516-807-3266
TwinV@optonline.net

Field- Walker Park: Northern State Parkway exit 35 South or LIE exit 41 South and take Hicksville Road (Route 107) south. At third traffic light make a left on to Bethpage Road. Proceed to second traffic light on Bethpage Road and make a left on to Andrews Road. Field on right.

Hicksville HS: 180 Division Avenue, Hicksville

Long Island Expressway to exit 41 South, Broadway, fork to right onto Newbridge Rd. (106 approx. 1 mile South of L.I.E.) to Old Country Rd. East (left) 1 block - right on Division Ave. for 3 blocks.

Huntington Village

Community Director: Jennifer Maichin
631-897-0856
Jennifer.maichin@mineola.k12.ny.us

Eighth Grade Team:

Head Coach Bill Lennon
631-252-0861
thelennonclan@gmail.com

Asst. Coach Tom Byrne
917-881-3097
tsbyrne@verizon.net

Seventh Grade Team:

Head Coach Jennifer Maichin
631-897-0856
Jennifer.maichin@mineola.k12.ny.us

Asst. Coach Kathy Wright
516-818-3663
bkpcw@optonline.net

Huntington Field is at Breezy Park: Oakwood Road and West Rogues Path, Huntington Station

L.I.E. TO EXIT 49. NORTH ON RT 110 TO JERICHO TPKE. TURN LEFT ON JERICHO TPKE TO OAKWOOD RD. (GOLDEN DINER IS ON THE CORNER). TURN RIGHT, GOING NORTH, ON OAKWOOD RD. GO APPROXIMATELY 1 MILE TO TRAFFIC LIGHT. PARK IS ON THE LEFT CORNER OF WEST ROGUES PATH AND OAKWOOD. TURN LEFT ON WEST ROGUES PATH TO PARKING ON THE RIGHT.

Huntington HS: L.I.E. TO EXIT 49. NORTH ON RT 110 TO JERICHO TPKE. TURN LEFT ON JERICHO TPKE TO OAKWOOD RD. (GOLDEN DINER IS ON THE CORNER). TURN RIGHT ON OAKWOOD RD. GO APPROXIMATELY 2 MILES TO TRAFFIC LIGHT AT MCKAY RD. TURN RIGHT ON MCKAY RD TO SCHOOL.

Jericho

Community Director: Jim Corcoran
Jimcorcoran18@gmail.com

Seventh/Eighth Grade team

Head Coach Gary Lustberg
516-313-9662-cell
516-935-5420-home
Garylust@optonline.net

Asst. Coach Susan Kallansrude
516-313-4681-cell
Sueki225@gmail.com

JERICHO HS 99 Cedar Swamp Road Jericho NY 11753 : LIE exit 49 north on 107 to split of 107 and 106. Take right fork onto 106. Quarter mile on the left is the entrance of Jericho HS

Robbins Lane: 300-350 Robbins Lane, Jericho, NY 11753,

From East:

LIE 495 to Exit 43A Robbins Lane Exit - Exit Parkway onto Miller Place/Service Road At First Light turn right onto Robbins Lane Proceed 1/4 of a mile and go over train tracks Field will be on left hand side after tracks Turn left at entrance - (Parking is in rear).

From West:

Take LIE to Exit 43 South Oyster Bay Road Turn Left at first light onto South Oyster Bay Rd Go over bridge and make immediate left at first light onto Miller Rd/Service Road Proceed 1/4 of mile and make right turn at first light onto Robbins Lane Proceed 1/4 mile - Field will be on left once pass over train tracks - (Parking is in rear)

Levittown (No team in 2015)

Director Ralph Votta
516-244-6164
levitlax@aol.com

Field- Division H.S.: 120 Division Avenue, Levittown
Hempstead Turnpike to Division Ave. Division Ave. is 2.7 miles west of Route 135, which is the Seaford Oyster Bay Expressway, and ½ mile east of Wantagh Parkway.

Manhasset

Community Director Mike Reddington
516-319-2472-cell
516-627-5040-home
mjreddington@gmail.com

Eighth Grade Team
Head Coach Pete Tauckus
Home: 516-570-0520. Home
Cell: 201-953-0489
petertauckus@gmail.com

Asst. Coach Marty Harmon
516-365-0612
Marty.harmon@gmail.com

Asst. Coach Mark Torres
516-627-9622-home
917-881-7108-cell
mastor@verizon.net

Manhasset Seventh Grade - ORANGE
Coaches Sean Greeley
516-570-0278
sagreeley@verizon.net

Asst.Coach John Bertrand
516-627-1938-home
917-287-7785-cell
hbertrand@verizon.net

Seventh Grade – BLUE
Head Coach Jim Kenny
516-627-4331-home
516-627-7250-cell
jbkenny@aol.com

Asst. Coach Gregg Matthews
516-627-2529
gvmatthews@gmail.com

Field- Manhasset H.S.: 200 Memorial Place, Manhasset
From West: LIE to Exit 35 (Shelter Rock Rd.). From East: LIE to Exit 36 (Searingtown Rd.) and follow service road to Shelter Rock Rd. North on Shelter Rock Rd. approx 2 miles to end of road. Left onto Northern Blvd. for 2 very short traffic lights and turn right onto Plandome Rd. At first traffic light (Police booth on corner) turn left. School is at end of this road. Games are on the Turf field in back of school.

Massapequa

Community Director Dean Theodorou
516-809-7353-home
516-317-2981-cell
dtheodorou@yahoo.com

Seventh/Eighth Grade Team
Head Coach Matt O'Connor
Cell: 516-303-4169
Home: 516-799-0229
meo27@hotmail.com

Asst. Coach Dean Theodorou
Home: 516-809-7353
Cell: 516-317-2981
dtheodorou@yahoo.com

Massapequa Field

Field- Field of Dreams: LIE or Southern State to Seaford Oyster Bay Expressway south. Exit at Sunrise Highway going east towards Massapequa. Take Sunrise approximately 3 ½ miles. Just before train trestle which crosses Sunrise near Sunrise Mall, bear right onto Old Sunrise Highway. Field of Dreams on left side about ¼ mile.

North Shore

Community Director Timothy Colbert
Cell: 516-702-8851*
Home: 516-609-9699
Tcolbert1622@gmail.com

Eighth Grade Team
Head Coach Timothy Colbert
Cell: 516-702-8851
Tcolbert1622@gmail.com

Asst. Coach Frank Innelli
Cell: 203-858-6432
frankinnelli@gmail.com

Asst. Coach Megan McCormack
516-314-2868
megmac10@gmail.com

Seventh/Eighth Grade Team
Head Coach: Courtney Fitzpatrick
516-724-0706
Fitzgrls@optonline.net

Asst. Coach: Megan McCormack
516-314-2868
megmac10@gmail.com

Asst. Coach: John Alfarone
516-220-7514
Johnalfarone@me.com

Field: North Shore High School - 450 Glen Cove Avenue, Glen Head, NY 11545
From 25A go north on Glen Cove Road. At the third traffic light turn left. At the end of the short street turn right on Glen Cove Avenue. Go to third light and turn right into the school. Turf field all the way in the back.

Oyster Bay

Community Co Directors: Louis Cohen
516-429-9483
Lou0187@gmail.com

Robert Scamell
917-295-6476
rscamell@dot.nyc.gov

8th Grade Team

Head Coach: Maria Pellechia
516-606-2765-cell
516-624-8287-home
mlpellec@optonline.net

Asst. Coach Matt Romanelli
516-445-6582
Mromanelli21@me.com

Asst. Coach Marcy Kaiser
516-317-8095
mukaiser@optonline.net

Asst. Coach Paul Woodstock
516-637-2599
Pvwoodstock6@gmail.com

James H. Vernon School (2) Take Route 106 north approximately 4.5 miles from the LIE/N.Parkway. Cross over 25A and proceed approx. 1/2 mile. School is on left. Field is in the rear.

OB Main Field- Theodore Roosevelt Park: LIE or Northern State to Route 107 (Hicksville) north and bear right onto Route 106. Go approximately 6.5 miles from LIE. Stay on 106 and cross over Northern Blvd Turn left onto West Main Street. Go past the Theodore Roosevelt Elementary School. Make a right onto Larrabee Avenue. Proceed north, cross train tracks, and enter the Park

Rockville Centre

Community Co-Directors:

Peter Eschmann
Cell: 516-263-2794
petereschmann@yahoo.com

Peter Cleary
Cell: 516-480-3690
pkc216@optonline.net

Eighth Grade

Head Coach Peter Eschmann
516-263-2794
petereschmann@yahoo.com

Asst. Coach Peter Cleary
Cell: 516-480-3690
PkC216@optonline.net

Seventh Grade

Head Coach: Tom Martello
516-764-8509
gtmartel@optonline.net

Asst. Coach Ed McMahon
516-705-6118
emcmahon20@icloud.com

RVC Field- Skelos (Peninsula Boulevard) Southern State Parkway to exit 19 south, fields on the right hand side (west side) about ¼ mile south of Southern State.

Seaford

Community Director: Brad Kass
516-650-8299
bradley.kass@gmail.com

Seventh Grade Team:

Head Coach: Doug Schiller
516-510-7690 cell
Keg5520@yahoo.com

Asst. Coach: Matt Pupke
516-639-8811
Mpup98@yahoo.com

Asst. Coach: Tim McCaffrey
516-318-7138
smaroldo@aol.com

Field- Seaford High School: 1575 Seaman's Neck Road, Seaford Northern State Parkway, Long Island Expressway, or Southern State Parkway to the Seaford Oyster Bay Expressway (Route 135) south. Exit at Route 105, which is Jerusalem Avenue (Exit 3), just south of the Southern State. At the end of the ramp turn left and then at the traffic light, which is Jerusalem Avenue, turn left again, going under the Expressway. Then at the first traffic light turn right onto Seaman's Neck Road. Continue on Seaman's Neck Road one half mile to the High School on the left.

Smithtown

Community Director: Scott Fitzgerald
Cell: 516-429-1937
scottfitz@optonline.net

8th Grade Team

Head Coach Ken Costa
631-804-3387
Kjcosta111@gmail.com

Asst. Coach Paul Bowden
516-220-9915
pkbowds@hotmail.com

Asst. Coach Kurt Schneider
516-807-7803
Kurt.schneider@modspace.com

Asst. Coach Matt Whitehouse
516-659-6265
Mattandmaria7@yahoo.com/

Field: Smithtown High School East- 10 School Street, St. James, NY

Via Long Island Expressway:

L.I.E. to exit 56. North on Route 111 which becomes Route 25A. After crossing route 25, approx. 1 1/4 turn right onto Woodlawn Ave just before railroad overpass. The parking lot to the turf field is about 1/4 mile from the turn onto Woodlawn Avenue. (DO NOT PARK ON JACKSON AVE. NORTH - YOU WILL BE TICKETED)

Syosset

Community Director Alex Concannon
516-523-0475
aconcannon@iciinc.net

Seventh Grade Team

Head Coach: Sari Rauch
Home: 516-677-0037
Cell: 516-729-2456

Asst. Coach: Rich Cini
Cell: 516-592-3000
Rich.Cini@verizon.net

Asst. Coach: Bob Gulmi
Cell: 516-369-1449
rgulmi@soundac.com

FIELD: Syosset Woodbury Park – 7800 Jericho Tpke, Woodbury
Take Seaford Oyster Bay Xway (Rt 135) north to the end. Go east on Jericho Turnpike a short distance to Park entrance on right across the street from the Fox Hollow Inn.

Wantagh

Community Director Tom Sullivan
516-557-5675-cell
sullyortho@gmail.com

Seventh Grade Team:

Head Coach: Dave Nelson
516-884-3392-cell
Nelson5@optonline.net

Asst. Coach: Peter Yustat
631-219-0738-cell
Py17@hotmail.com

Asst. Coach: Terry Murphy
tkcmurph@aol.com

Home Field: Cedar Creek Park: 3340 Merrick Road, Seaford
Field Directions: Cedar Creek Park on Merrick Road in Wantagh. Between Route 135 and Wantagh State Pkwy. West of 135 and east of WSP Park entrance on south side of Merrick Road.

West Islip

Director: Jim Lang
646-261-4397
jimbohl110@optonline.net

Eighth Grade Team

Head Coach Tim Horan
631-321-1432-home
631-813-0511-cell
dublin314@optonline.net

Asst. Coach Gerard Mule
631-539-9949-home
516-946-4222-cell
gerardmule@gmail.com

Asst. Coach Sal Capitano
631-321-4735-home
631-848-4235-cell
s_cpe21@optonline.net

West Islip Seventh Grade Team

Head Coach Jim Lang
646-261-4397
jimboh110@optonline.net

Asst. Coach Matt Gentile
516-849-8651-cell
mgents42@yahoo.com

Asst. Coach Jeanette Hampel
631-275-1003-cell
jeanettehampel@msn.com

West Islip Library Field: SOUTHERN STATE PARKWAY OR **SUNRISE** HIGHWAY to Deer Park Avenue (Route 231). Just south of Southern State stay left on Rt. 231. Take Deer Park Avenue south to the end. TURN LEFT ON MONTAUK HIGHWAY TO THE 2nd TRAFFIC LIGHT. TURN LEFT ON HIGBIE LANE and right into the Library parking lot.

West Islip HS also on Higbie just north of, and adjacent, to Library