

Rockville Panini's

ROCKVILLE SPECIAL - Roast Beef, Red Onion, Mozzarella, Arrugula & Sun-Dried Tomato Pesto **\$8.49**

THE CHICKEN CLUB - Breaded Chicken Cutlet, Bacon, Muenster Cheese, Romaine Lettuce, Tomatoes & Herb Mayo

THE GODFATHER
Ham, Salami, Mozzarella Cheese, Pepperoni & Pepperoncini

THE PORTA - Roasted Portabella Mushrooms, Fresh Mozzarella Cheese, Roasted Red Peppers & Basil

OSCAR'S WAY
Grilled Chicken, Roasted Red Peppers, Black Olives, Onions, Provolone Cheese & Tomato-Bacon Mayo

THE BIANCO - Fresh Mozzarella Cheese, Roasted Red Peppers, Artichoke Hearts & Basil Pesto

THE LINK - Grilled Chicken, Brie & Sun-Dried Tomato Pesto

THE HARBOR GREEN - Smoked Turkey, Cheddar Cheese, Thinly Sliced Green Apple & Honey Mustard

THE ALL AMERICAN - Roast Beef, Oven Gold Turkey, Swiss Cheese, Cole Slaw & Mustard

THE CANADIAN CLUB - Cracked Pepper Mill Turkey, Bacon, Monterey Jack Cheese, Sun-Dried Tomatoes, Lettuce & Olive Oil

THE SANCHEZ
Cajun Turkey, Monterey Jack Cheese, Jalapeno Peppers, Red & Green Peppers, Tomatoes & Basil Pesto

THE Z ATTACK - Grilled Chicken, Fresh Mozzarella Cheese, Roasted Red Peppers & Pesto

MARSHAL'S DELIGHT - Ham, Turkey, Roast Beef & American

PHILLY CHEESE
Thinly Sliced Grilled Rib Eye Steak Smothered In Sautéed Mushrooms & Onions With Melted Cheese Of Your Choice

Signature Sandwiches - \$7.49

HOLE IN ONE - Sliced nova lox, cream cheese tomatoes & onions on a bagel w/ side salad

TURKEY CLUB - Turkey, American, bacon, lettuce & tomatoes on a bagel or roll

THE BIRDIE - Maple turkey, muenster cheese, lettuce, tomatoes, red onions, mayo & mustard

CLUB DRIVE - Baked chicken cutlet, bacon, lettuce, tomatoes & mayo

GREEK GYRO - Grilled Chicken, Onion, Lettuce, Tomato with Light Yougurt Sauce on Pita

Chopped Salads

Comes with Bagel, Wrap or Pita

REGULAR \$7.49 LARGE \$8.49

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| • Tomato | • Broccoli | • Sesame Seeds |
| • Celery | • Walnuts | • Candied Walnuts |
| • Green Peppers | • Dark Raisins | • Scallion |
| • Carrots | • Dried Cranberry | • Feta Cheese |
| • Cucumbers | • Pepperoncini | • American Cheese |
| • Onions | • Roasted Pepper | • Mozzarella |
| • Mushrooms | • Sweet Pepper | • Croutons |
| • Chinese Noodles | • Greek Olives | • Bacon |
| • Portobellos | • Black Olives | • Chick Peas |
| • Corn | • Green Olives | • Artichoke |

ADDITIONAL TOPPINGS (EXTRA \$1.00)

Avacado • Goat Cheese • Mozzarella • Candied Walnuts

TOP IF OFF (EXTRA \$2.49)

Grilled Chicken • Pesto Chicken • Chipotle Chicken
Chicken Salad • Teryaki Chicken • Turkey • Tuna

Homemade Salads

	Sandwich	1/2 Lb.
Solid White Tuna.....	\$6.99.....	\$5.49
Chicken Salad.....	\$6.99.....	\$5.49
Buffalo Chicken Salad.....	\$6.99.....	\$5.49
Egg Salad.....	\$6.50.....	\$4.25
Egg, Onion, Mushroom Salad.....	\$6.50.....	\$4.25
Whitefish Salad.....	\$7.49.....	\$5.99
Baked Salmon Salad.....	\$7.49.....	\$6.49
Lite Vegetable Tuna.....	\$6.50.....	\$5.49

Make it a Platter - on a bed of crisp veggies
w/ a Bagel Add.....\$1.50

On the Lite Side

Low Fat Vegetable Tuna	
on a Bagel w/ a side Salad.....	\$ 6.50.....on a Platter \$7.50
Turkey on a Pita w/ Lettuce & Tomatoes.....	\$7.49
Tossed Salad w/ Grilled Chicken.....	\$7.49
Greek Salad w/ Grilled Chicken.....	\$7.49
Caesar Salad w/ Grilled Chicken.....	\$7.49
Egg White Spinach Salad.....	\$5.95
Fresh Mozzarella, Tomato, Basil and Balsamic Vinegar.....	\$6.50

Cold Treats

YOGURT FRUIT PARFAIT • FRUIT SALAD
JELLO WITH WHIPPED CREAM • CALIFORNIA SALAD



We Deliver

OPEN 7 DAYS A WEEK

Monday-Friday • 5a.m. - 5p.m.

Saturday • 5a.m. - 4p.m.

Sunday • 5a.m. - 3p.m.

We Cater for all Occasions

WWW.ROCKVILLEBAGEL.COM

516-442-3837

Fax: 516-442-3838

191 N. LONG BEACH ROAD
ROCKVILLE CENTRE, NY 11570

+ N.Y.S. sales tax • Prices subject to change.

Start Your Day

Bagels & Bialys

Plain.....1.00 Butter or Jelly.....\$2.00
Cream Cheese.....\$2.50
Flavored Cream Cheese.....\$3.50

Lox, Scallion, Vegetable, Cinnamon Walnut Raisin
Chocolate Chip, Vanilla Walnut Raisin, Strawberry
Lite Plain, Lite Vegetable



Baked Goods - \$2.45

MUFFINS - Banana Nut, Blueberry, Carrot Cream cheese,
Chocolate Chip, Corn, Double Dutchchip, Raisin Bran, Cappuccino
CRUMBCAKE • LINZER TART • BROWNIES • ASSORTED COOKIES
BLACK AND WHITES • CHARACTER COOKIES •CROISSANTS

*Please keep in mind that all spreads and muffins can be
beautifully arranged in a Basket or Platter at your request.*



From the Grill

1. 2 Eggs, Any Style
on a Bagel, Roll or Pita.....\$2.49
w/ cheese.....add.....\$.75
w/ Ham, Bacon, Sausage
or Turkey Bacon.....add.....\$1.75
extra Egg.....add.....\$.50



2. Traditional Lox, Eggs & Onions w/ Bagel.....\$6.99
3. Western Omelette.....\$6.25
4. Spanish Omelette.....\$6.25
5. “Pick 3” Omelette w/ Bagel.....\$6.25
6. Pancakes.....\$5.99
7. French Toast.....\$5.99
Add Bacon, Ham, Sausage or Turkey Bacon.....\$1.85
Side of Home Fries.....\$2.99
Oatmeal (16oz).....\$2.99 (24oz).....\$3.99

Grill Specials

EGG SPRESS

2 Eggs on Bagel or Roll with coffee, tea or juice...\$3.49+

GOOD MORNING SPECIAL

2 Eggs on Bagel or Roll with choice of meat & cheese
w/ coffee, tea or juice.....\$5.49+

HUNGRY PERSON

3 Eggs, ham, bacon & cheese on a Hero.....\$4.85+

GOLDS - 3 Eggs whites, turkey, Alpine Lace Swiss
in a wrap w/ coffee, tea or juice.....\$5.49+

GRAND SLAM

2 Eggs, 2 Pancakes and choice of meat.....\$6.25+

From the Deli

All Sandwiches Include Side Salad or Pickle



BOAR’S HEAD - Choose from: Oven Gold Turkey,
Peppermill Turkey, Maple Glazed Turkey, Ham, Roast Beef
or Genoa Salami.....\$6.50

BOAR’S HEAD BOLOGNA.....\$5.50 **CLASSIC BLT**.....\$5.00

FRIED CHICKEN CUTLET.....\$6.50
Add American, Swiss, Muenster, Mozzarella, Hot Jack
or Alpine Lace Swiss.....\$1.00 Add Tomatoes.....\$0.75

It's a Wrap \$7.49

1. BUFFALO TURKEY BREAST, ROMAINE LETTUCE,
MUNSTER CHEESE & BACON
2. HAM, TURKEY BREAST, SWISS CHEESE,
ROMAINE LETTUCE & BLEU CHEESE DRESSING
3. CRACKED PEPPER TURKEY, SWISS CHEESE, ROMAINE LETTUCE,
TOMATOES, RED ONIONS & HONEY MUSTARD
4. CHAR GRILLED MARINATED CHICKEN, ROMAINE LETTUCE,
BERMUDA ONION, OLIVES, TOMATO & FETA CHEESE
DRIZZLED WITH BALSAMIC VINAIGRETTE
5. TURKEY BREAST, MONTEREY JACK CHEESE, ROMAINE LETTUCE,
TOMATOES, RED ONIONS & RANCH DRESSING.
6. CHICKEN SALAD, ROMAINE LETTUCE & DRIED CRANBERRIES
7. ROAST BEEF, CHEDDAR, CARAMELIZED ONIONS,
LEAF LETTUCE W/ BBQ SAUCE
8. OVEN GOLD TURKEY, COLE SLAW, BACON,
ROMAINE LETTUCE, TOMATOES & RUSSIAN DRESSING
9. CHICKEN CUTLET TOPPED WITH A SLICE OF HAM, MELTED SWISS
& YOUR CHOICE OF DRESSING
10. OVEN GOLD TURKEY, MUENSTER CHEESE, GRILLED PORTABELLO
MUSHROOMS, BABY SPINACH & HONEY MUSTARD
11. CHICKEN BREAST, PROSCIUTTO, BABY SPINACH, TOMATO
& YOUR CHOICE OF DRESSING
12. ROAST BEEF, CHEDDAR CHEESE, ROMAINE LETTUCE,
TOMATOES, RED ONIONS & RANCH DRESSING
13. GRILLED CHICKEN, PORTABELLA MUSHROOMS, FRESH MOZZARELLA
CHEESE, TOMATOES, PESTO SAUCE & BALSAMIC GLAZE
14. GENOA SALAMI, PROVOLONE CHEESE, PESTO SAUCE, ROMAINE
LETTUCE, GREEN & BLACK OLIVES & PORTABELLO MUSHROOMS
15. CHICKEN BREAST, BACON, SWISS CHEESE, COLE SLAW,
RED ONIONS, ROMAINE LETTUCE & RUSSIAN DRESSING
16. TERIYAKI CHICKEN WRAP WITH GRILLED CHICKEN,
RICE, BROCCOLI, CARROTS AND ONIONS
17. GRILLED CHICKEN, MOZZARELLA CHEESE, SUN-DRIED TOMATOES & LETTUCE
18. BALSAMIC CHICKEN, FRESH MOZZARELLA,
ROASTED RED PEPPERS, TOMATO & LETTUCE

DONT FORGET ABOUT OUR ORIGINAL WRAPS

CHICKEN CAESAR - A CLASSIC GRILLED CHICKEN CAESAR SALAD
OR GRILLED CHICKEN CAESAR WRAP

GREEK - CRISP GREEK SALAD, BOAR’S HEAD TURKEY
OR GRILLED CHICKEN, FETA CHEESE & GREEK DRESSING

DAVES CHICKEN GRILLER - MARINATED GRILLED CHICKEN BREAST,
LETTUCE, TOMATOES & HONEY MUSTARD

Veggie Wraps

MOZZARELLA CHEESE, ARTICHOKE HEARTS,
ROASTED PEPPERS & OLIVE OIL

MOZZARELLA CHEESE, ARTICHOKE HEARTS, PEPPERS, BLACK OLIVES,
TOMATOES, RED ONIONS, PARMESAN CHEESE & PESTO

FIRE ROASTED VEGGIES, BABY SPINICH, BALSAMIC

Breakfast Wraps

1. HOME FRIES GRILLED ONIONS,
2 SUNNY SIDE UP EGGS & BBQ SAUCE.....\$5.49
2. HOME FRIES, SAUSAGE, GREEN & RED PEPPERS,
GRILLED ONIONS, CHEESE, & 2 EGGS OVER EASY...\$5.49
3. GRILLED TURKEY, TOMATOES & 3 EGG WHITES.....\$5.49
4. SPINACH, BACON, TOMATOES
& 2 SCRAMBLED EGGS.....\$5.49
5. SPINACH, MUSHROOMS, ONIONS, SWISS CHEESE,
& 3 EGG WHITES.....\$5.49
6. MUSHROOMS, GRILLED ONIONS,
GREEN & RED PEPPERS & 3 EGG WHITES.....\$5.49
7. GRILLED ROAST BEEF, MUSHROOMS, ONIONS,
CHEDDAR CHEESE & 2 EGGS OVER EASY.....\$5.49
8. GRILLED ZUCCHINI, CRACKED PEPPER MILL TURKEY,
SWISS CHEESE, & 3 EGG WHITES.....\$5.49
9. BROCCOLI, ONIONS, HAM, AMERICAN CHEESE
& 2 SCRAMBLED EGGS.....\$5.49
10. HOME FRIES, SAUSAGE, MONTEREY JACK CHEESE,
2 EGGS OVER EASY & SALSA.....\$5.49

THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDER-
COOKED FRESH SHELL EGGS OR MEAT CAN LEAD TO FOOD BOURNE
ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS