



1000 D Park Boulevard
Massapequa Park, NY 11762



516-590-7230



516-590-7231



LalaBistro1000@gmail.com

<http://www.lalabistro.com>

Today's Specials 2-9-2016

Beef Barley Soup

Chicken Vegetable Soup



Minestrone with Gluten Free Noodles

Potato Leek Soup



Sweet Potato Soup



White Bean & Kale Soup

12oz \$4.00 16oz \$5.00 32oz \$9.00

Shepard's Pie

Fresh Roasted Vegetables

sm \$5.99 lg \$8.99

Eggplant Parmigiana Platter

sm \$5.99 lg \$8.99 served with side salad

Sampler Platter ~ 3 of Each Handcrafted

Mini Quiches, Pigs in a Blanket & Chicken Wings \$5.99

Eggplant Parmigiana Hero \$7.99

(Lightly Breaded & Fried Eggplant, Fresh Mozzarella, Homemade Tomato Sauce)

Soup & Salad Combo \$5.99

(Choice of 12oz Soup + Small Garden Salad)



Lentil Chick Pea Salad (per lb.)

(with Tomato, Cucumber, Cabbage & Onion Lemon Dressing)



Quinoa Broccoli Salad (per lb.)

(with Green Onions, Parsley & Lemon Pepper)

Other Cold Salad & Vegan salad options in our refrigerated case!

We Cater!

We deliver!



GLUTEN-FREE

VEGAN

VEGETARIAN