



Catering Menu

GOURMET CATERING

**PARTY HEROS, SPECIALTY SANDWICHES, WRAP & PANINI PLATTERS,
HOT & COLD ENTREES, SIDE DISHES, DESSERTS & MORE!**

La la Bistro specializes in handcrafted soups, gourmet salads, made to order wraps, paninis, sandwiches and more. We use real ingredients, farm fresh and locally sourced. We cater for all types of events, large or small. Any item on our regular menu can be prepared as a platter, tray or larger size to accommodate your party needs. In addition, our catering team can design a menu that meets your dietary needs and fits within your budget.

LA LA BISTRO

1000 D Park Boulevard
Massapequa Park, NY 11762

CALL, FAX OR ORDER ONLINE

 **516-590-7230**  **516-590-7231**



WWW.LALABISTRO.COM

Breakfast Catering

Perfect for morning meetings or conferences,
sporting events or brunch gatherings

BISTRO OMELETTE WRAP PLATTER

\$5.99 per person

An assortment of egg omelette wraps arranged on a platter including single meat or cheese, western, Spanish & Greek omelettes. Wrap selection includes plain, whole wheat, spinach & tomato basil.

CONTINENTAL BREAKFAST PLATTER

\$5.99 per person

Assorted bagels, bakery rolls, croissants, homemade muffins, turnovers and fresh fruit platter. Package also includes butter, cream cheese, jelly and paper goods.

HOT BREAKFAST BUFFET

\$7.99 per person

Scrambled eggs, bacon, sausage, home fries, French toast or pancakes. Package includes condiments and paper goods.

COFFEE AND JUICE SET UP

\$2.00 per person

Freshly brewed 100% Columbian Coffee, Decaffeinated Coffee or Hot Tea. Orange juice, milk, sugar, sweeteners and paper goods.



Sandwich Catering

All sandwich platters include a choice of homemade potato, cole slaw or macaroni salad, pickles, olives and dressing.

Paper goods can be provided, \$2.00 add'l per person.

Two liter soda available upon request,
call for pricing on add on or special request items.

THAT'S A WRAP...PLATTER!

\$8.99 per person

Bistro's famous assorted wraps, hand rolled and arranged on a platter.

Your choice of wraps from our gourmet selection
or let us create an array for your group or gathering.

CRISPY PANINI PERFECTION

\$8.99 per person

An assortment of our warm pressed paninis creatively arranged on a platter.

Pick and choose from our gourmet selection of panninis or leave it up to us
to create a delicious assortment for your guests.

NOT SO...TRADITIONAL DELI SANDWICHES

\$8.99 per person

We believe in natural ingredients.

Our Metro deli line of cold cuts has no artificial flavors, colors or preservatives.

No binders or fillers...just real meat. Our roast beef, tuna, egg salad and chicken
salad are made in house to ensure quality as well as great taste.

*Cold cut meat choices include bologna, corned beef, golden chicken breast,
ham, pastrami, pepperoni, turkey breast, roast beef and salami.*

*Cheeses include American, Alpine lace, cheddar, muenster, mozzarella,
pepper jack, provolone and Swiss.*

Sandwiches can be made on white, rye, whole wheat or kalser rolls.
Gourmet rolls, specialty breads or heros are \$1.00 additional per person.
Gluten free options available, call for pricing.



Cold Cut Platters & Packages

AMERICAN - \$49.99

1/2 lb Bologna
1/2 lb Ham
1/2 lb Turkey
1/2 lb Roast Beef
1/2 lb American Cheese
1/2 lb Muenster Cheese
1/2 lb Swiss Cheese
1 lb Cole Slaw
1 lb Macaroni Salad
1 lb Potato Salad
8 Rolls

AMERICAN DELUXE - \$74.99

1 lb Bologna
1 lb Ham
1 lb Turkey
1 lb Roast Beef
1 lb American Cheese
1 lb Muenster Cheese
1 lb Swiss Cheese
2 lb Cole Slaw
2 lb Macaroni Salad
2 lb Potato Salad
12 Rolls



ITALIAN - \$59.99

1/2 lb Genoa Salami
1/2 lb Ham Capicola
1/2 lb Pepperoni
1/2 lb Prosciutto or Sopressata
1 lb Provolone Cheese
1/2 lb Alpine Lace Swiss Cheese
1/2 lb Fresh Mozzarella & Tomato Salad
1/2 lb Roasted Red Peppers
1/2 lb Gourmet Olives
8 Rolls

ITALIAN DELUXE \$84.99

1 lb Genoa Salami
1 lb Ham Capicola
1 lb Pepperoni
1 lb Prosciutto or Sopressata
1 lb Provolone Cheese
1 lb Alpine Lace Swiss Cheese
1 lb Fresh Mozzarella & Tomato Salad
1 lb Roasted Red Peppers
1 lb Gourmet Olives
12 Rolls

Gourmet Party Heros

Serves 3-4 people per foot • 3 ft, 4 ft, 5 ft or 6 ft heros available
Heros include choice of our homemade potato, macaroni or potato salad, pickles, olives, condiments and choice of dressing. Additional salads, full pickle tray and/or paper goods available at an additional cost.

ALL AMERICAN \$18.99 per foot
Roast beef, turkey breast, ham, American cheese, lettuce & tomato.

ITALIAN \$18.99 per foot
Genoa salami, ham cappicola, pepperoni, prosciutto, provolone, lettuce & tomato.

CHICKEN SUPREME \$21.99 per foot
Crispy or grilled chicken cutlet, fresh mozzarella & roasted red peppers.

CORDON BLUE \$21.99 per foot
Crispy or grilled chicken cutlet, ham, Swiss cheese, lettuce & tomato.

PULLED PORK HERO \$21.99 per foot
Slow roasted BBQ pulled pork, horseradish cheddar & topped with homemade cole slaw.

CHICKEN, EGGPLANT OR MEATBALL PARMIGIANA HERO \$21.99 per foot
Our secret family recipe sauce with your choice of breaded chicken, eggplant or homemade meatballs topped with mozzarella cheese.

VEGETABLE HERO \$21.99 per foot
Grilled seasonal garden vegetables - eggplant, tomatoes, peppers, onions, squash, zucchini with goat cheese, fresh arugula and our house balsamic vinaigrette dressing.



Appetizers, Gourmet Platters & Hors D'oeuvres

BRUSCHETTA PLATTER Small \$29.99 Large \$49.99
Our fresh homemade bruschetta with chopped tomatoes, basil & onions. Served a top perfectly toasted garlic bread combining crunch and flavor in one bite.

VEGETABLE CRUDITE PLATTER Small \$34.99 Large \$54.99
Assorted fresh vegetables cut up and decoratively arranged on a platter with ranch or bleu cheese dipping sauce.

ANTIPASTO PLATTER Small \$59.99 Large \$89.99
A mouthwatering selection of Italian specialties including Genoa salami, Ham capicola, pepperoni, provolone, fresh mozzarella & tomatoes, stuffed cherry peppers, roasted red peppers, marinated artichokes, giardiniera salad & gourmet olives...buon appetito!

CHEESE PLATTER Small \$49.99 Large \$69.99
Assorted bite sized domestic and imported cheeses arranged on a platter with handcrafted foccacia bread, crackers and fresh seasonal fruit.

GRILLED VEGETABLE PLATTER Small \$39.99 Large \$59.99
Seasonal garden vegetables marinated in a balsamic vinaigrette reduction glaze, then grilled to perfection.

MOZZARELLA & TOMATO PLATTER Small \$49.99 Large \$69.99
We handcraft our mozzarella from fresh whole milk. Combined with ripe tomatoes, fresh basil and a touch of garlic and olive oil...it is a match made in heaven.

SHRIMP COCKTAIL Small \$59.99 Large \$89.99
Cooked, peeled & chilled jumbo shrimp served with homemade cocktail sauce and sliced lemon.

SPINACH & ARTICHOKE BREAD BOWL \$34.99 per order
Homemade spinach and artichoke dip served in a hollowed out freshly baked bread bowl with assorted bread on the side for dipping.

MAC AND CHEESE BALLS Small \$36.99 Large \$56.99
Handrolled mini macaroni and cheese balls are crispy fried. Served with choice of cheese or marinara sauce.

MINI CHICKEN QUESADILLAS Small \$36.99 Large \$56.99
Sliced chicken, savory melted cheese, sauteed onions and our signature cilantro lime salsa in a pressed tortilla. Quesadilla is cut into mini bite sized pieces with sour cream and extra salsa served on the side for dipping.

MINI STEAK QUESADILLAS Small \$44.99 Large \$64.99
Sliced steak, savory melted cheese, sauteed onions and our signature cilantro lime salsa in a pressed tortilla. Quesadilla is cut into mini bite sized pieces with sour cream and extra salsa served on the side for dipping.

MINI CRAB CAKES Small \$54.99 Large \$74.99
A bite-sized version of our homemade crab cakes, perfectly seasoned and served with horseradish-sriracha remoulade dipping sauce.

MINI QUICHES Small \$54.99 Large \$74.99
Choose from an assortment of flavors including cheddar & bacon, ham & Swiss, spinach & feta or portobello mushroom with goat cheese. These mini egg quiche delicacies are a definite crowd pleaser.

PIGS IN A BLANKET Small \$34.99 Large \$54.99
Tray of mini hot dogs rolled in filo pastry dough and served with deli style mustard.

STUFFED MUSHROOMS Small \$44.99 Large \$64.99
Packed full of flavor our stuffed mushrooms can be made with crabmeat, sausage or vegetable stuffing.

JUMBO PARTY WING PLATTER \$29.99 per 30 piece order
Our crispy chicken wings served naked, but unafraid...choice of BBQ, Buffalo, Creamy Parmesan, Honey Mustard or Teriyaki dipping sauce. Cut up celery and carrots with bleu cheese or ranch dressing on the side. Extra sauces \$2.50 additional.

HOLY GUACAMOLE PLATTER Small \$34.99 Large \$54.99
Our homemade guacamole salsa with tomatoes and onions served with an array of tortilla chips, great for dipping and snacking. Turn up the heat with jalapeno spice...order mild, moderate or holy guacamole!

Just Desserts...

FRESH FRUIT PLATTER Small \$39.99 Large \$59.99
An array of seasonal fruits, hand cut and beautifully arranged on a platter.

COOKIE & BROWNIE TRAY Small \$39.99 Large \$59.99
An assortment of cookies & brownies to cap off your sweet tooth.

MINI MUFFIN TRAY Small \$39.99 Large \$59.99
A variety of freshly baked, bite sized muffins including blueberry, corn, lemon poppy and oat bran muffins will definitely impress your guests.

ASSORTED PASTRY PLATTER Small \$49.99 Large \$79.99
Customize a tray of your favorite danishes, turnovers, muffins or assorted pastries to end your gathering on a sweet note.

Salads

La La Bistro got it's name from our famous La La Salad made with dried cranberries, goat cheese, walnuts and sweet balsamic dressing, a unique combination that makes your taste buds say "Oh la la..."

BISTRO SALAD Small \$26.99 Large \$49.99
Romaine lettuce, tomato, roasted red onions, Portobello mushrooms, fresh mozzarella & balsamic dressing.

CAESAR SALAD Small \$24.99 Large \$49.99
Romaine lettuce, Romano cheese, homemade croutons & Caesar dressing.

CHEF'S SALAD Small \$34.99 Large \$54.99
Ham, turkey, American cheese, Swiss cheese, hard boiled egg, tomato, onion & Russian dressing.

GARDEN SALAD Small \$22.99 Large \$47.99
Romaine lettuce, tomatoes, carrots, red onions, cucumbers & choice of dressing.

GREEK SALAD Small \$26.99 Large \$49.99
Romaine lettuce, tomatoes, Kalamata olives, cucumbers, Feta cheese, red onion & Greek dressing.

LA LA SALAD Small \$26.99 Large \$49.99
Romaine lettuce, dried cranberries, fresh goat cheese, walnuts & our signature house balsamic dressing.

SPINACH SALAD Small \$29.99 Large \$54.99
Fresh baby spinach, cherry tomatoes, crumbled bacon, hard boiled eggs, sliced mushrooms, red onions with raspberry vinaigrette dressing.

VEGGIE SALAD Small \$24.99 Large \$49.99
Romaine lettuce with grilled veggies, roasted red onions, tomatoes, roasted peppers & balsamic dressing.

WALDORF SALAD Small \$39.99 Large \$59.99
Romaine lettuce with fresh turkey, apples, celery, walnuts, crumbled gorgonzola cheese with raspberry vinaigrette dressing.

Add Grilled Chicken.....	Small \$8.00	Large \$15.00
Add Grilled Steak.....	Small \$10.00	Large \$18.00
Add Grilled Shrimp.....	Small \$10.00	Large \$18.00
Add Chopped Salad.....	Small \$3.00	Large \$6.00

All salads are prepared with fresh seasonal ingredients. Salads can be chopped or customized with baby arugula, iceberg, mixed greens, spinach or any other ingredients for an additional charge.





Half Tray.....\$39.99 Full Tray.....\$74.99

FETTUCINI ALFREDO

Fettucini pasta tossed in a parmesan cream sauce.

BAKED ZITI

Ziti pasta baked with parmesan, mozzarella and ricotta cheeses in a red sauce.

LASAGNA

Layered pasta with tomato meat sauce, mozzarella and ricotta cheese baked to perfection.

PASTA PRIMAVERA

Choice of pasta tossed with fresh seasonal vegetables in a light chicken broth.

PENNE A LA VODKA

Penne pasta tossed in a creamy pink vodka sauce.

RAVIOLI

Cheese or meat filled pasta pockets with tomato sauce.

RIGATONI BOLOGNESE

Rigatoni pasta tossed in a rich, flavored meat sauce.

STUFFED SHELLS

Large shell pasta stuffed with mozzarella & ricotta cheeses with tomato sauce.

SICILIANA PASTA

Choice of pasta with fresh eggplant and marinara sauce, topped with chunks of fresh mozzarella.

VEGETARIAN

Half Tray.....\$45.99 Full Tray.....\$89.99

BROCCOLI RABE OR ESCAROLE

Fresh Italian broccoli rabe or escarole sauteed with garlic & olive oil then seasoned with red pepper flakes.

EGGPLANT PARMIGIANA

Breaded and fried, served with our family secret sauce and mozzarella cheese.

EGGPLANT ROLLATINI

Breaded, fried and rolled eggplant. Stuffed with mozzarella, parmesan and ricotta cheeses.



Your choice of hot dishes includes tossed salad & rolls.
Paper goods, racks & sternos can be provided at an additional charge.

POULTRY

Half Tray.....\$49.99 Full Tray.....\$94.99

BBQ CHICKEN

Whole chicken cut up, rubbed with our honey BBQ seasoned and baked to fall off the bone tenderness.

CHICKEN BRUSCHETTA

Breaded cutlets fried and served with our homemade bruschetta.

CHICKEN CORDON BLEU

Breaded cutlets topped with ham and Swiss cheese in a dijon cream sauce.

CHICKEN FINGERS

Breaded all white meat tenders, served with honey mustard dipping sauce.

CHICKEN FRANCESE

Chicken cutlets prepared in a lemon wine sauce.

CHICKEN PARMIGIANA

Breaded cutlets with tomato sauce and melted mozzarella cheese.

CHICKEN MARSALA

Breaded cutlets in Marsala wine mushroom sauce.

CHICKEN SCARPIELLO

On the bone chicken sauteed with onions, garlic, sausage, potatoes & sweet red peppers.

CHICKEN SORRENTINO

Breaded cutlets layered with prosciutto, eggplant, mozzarella in a mushroom sauce.

CHICKEN TERIYAKI

Grilled chicken cutlets prepared in a tasty teriyaki marinade.

MANGO PINEAPPLE CHICKEN

Whole chicken cut up, marinated with mango pineapple sauce and roasted to perfection.

SOUTHERN FRIED CHICKEN

Whole chicken cut up, coated with our blend of special seasonings then fried to crisp perfection.



PORK, BEEF & VEAL

Half Tray.....\$49.99 Full Tray.....\$94.99

BEER GLAZED BRATWURST - Braised and served over a bed of sauerkraut.

BBQ PULLED PORK - Slow roasted & rubbed with spices then pulled apart and seasoned with BBQ sauce for a perfect combination of sweet and savory pork.

BBQ SPARE RIBS - Slow cooked with a seasoned rub, then coated with BBQ sauce for lip smackin goodness.

CORNED BEEF & CABBAGE - Pickled, seasoned and cooked all day. Served atop stewed cabbage and potatoes for that traditional Irish flavor.

ITALIAN MEATBALLS - Grandma's recipe...handrolled meatballs in tomato sauce.

KIELBASA & POTATOES
Braised kielbasa, sliced and served with roasted red potatoes & onions.

PORK TERIYAKI - Sliced pork tenderloin in spicy teriyaki marinade.

SAUSAGE & PEPPERS - Hot or Sweet Italian sausage with peppers and onions.

SAUSAGE PARMIGIANA - Slow cooked in our family secret sauce then served with mozzarella cheese for melt in your mouth flavor.

SLICED STEAK - Perfectly sauteed with onions & mushrooms, served au jus.

SHEPARD'S PIE
Ground beef sauteed with mixed vegetables and topped with mashed potatoes.

SWEDISH MEATBALLS
Mini meatballs in a mushroom cream sauce over egg noodles or rice.

VEAL BRUSCHETTA - Breaded cutlets fried, served with our homemade bruschetta.

VEAL MARSALA - Breaded cutlets in Marsala wine mushroom sauce.

VEAL PARMIGIANA
Tender breaded cutlets in our family secret sauce with melted mozzarella.

SEAFOOD

Price may vary according to market

Half Tray.....\$59.99 Full Tray.....\$109.99

LINGUINI WITH CLAM SAUCE - red or white, mild to spicy, served over linguini.

MUSSELS MARINARA - Steamed fresh PEI mussels in spicy marinara sauce or in a white wine sauce with garlic and oil.

FRIED CALAMARI - Served with lemons and marinara sauce for dipping.

SHRIMP SCAMPI - Fresh shrimp sauteed in a garlic butter sauce.

SHRIMP FRANCESE - Breaded and fried in a lemon butter sauce.

SHRIMP MARINARA - Breaded, served with tomato sauce & melted mozzarella.

Kid's Menu

Half Tray.....\$49.99 Full Tray.....\$94.99

CHICKEN FINGERS

Breaded & crispy chicken tenders served with choice of dipping sauce.

MACARONI & CHEESE - Homemade cheesy goodness.

SLIDERS - Ground beef or chicken burgers served on mini slider buns.

Sides

Half Tray.....\$24.99 Full Tray.....\$48.99

FRENCH FRIES

Crispy perfection, standard cut or waffle fries.

MASHED POTATOES

Creamy homemade potatoes & gravy, garlic or mashed sweet potatoes.

MIXED VEGETABLES

Seasonal vegetables tossed with garlic, salt & pepper and roasted.

ONION RINGS

Crispy battered and fried onion rings.

SEASONED RICE

White rice with butter, parsley & seasonings or Spanish style yellow rice.

STRING BEANS

Fresh garden string beans sauteed in garlic and olive oil.

ROASTED POTATOES

Perfectly seasoned, tender rosemary roasted potatoes compliments any meat or perfect as a vegetable dish.



In addition to our regular menu,
we offer Gluten Free, Organic and Vegan menu choices.
Our chefs can prepare dishes to accomodate your special dietary needs.

Feel free to call our catering manager at
516-590-7230
to customize a package for your party planning needs.