FAMILY BAGELS & CREAM CHEESE **PLATTERS**

A beautifully garnished platter ideal for any special occasion.

INCLUDES:

Assortment of bagels, bialys, flagels Choice of any of our homemade cream cheeses Tray of sliced onions, tomatoes, cucumbers & peppers

Served with 2 bagels per person.



FAMILY CONTINENTAL

Start the day with this breakfast

BREAKFAST

Basket of assorted bagels

1/2 gallon of Tropicana orange juice

\$8⁹⁵ PER PERSON

\$16⁹⁵ PER PERSON



Choice of homemade cream cheeses Butter and Muffins Box of hot coffee

tradition.

INCLUDES:

^{\$}64⁹⁵

FAMILY BAGELS NOVA OR LOX PLATTERS

Sliced nova or lox, cream cheese and bagels.

INCLUDES:

Sliced nova or lox Choice of any of our homemade cream cheeses An assortment of bagels, bialys and flagels Tray of sliced Onions, Tomatoes, Cucumbers & Peppers

Served with 2 bagels per person.

CREAM CHEESE CHOICES

PLAIN, CHIVE, VEGETABLE, NOVA OR LOX SPREAD, **CINNAMON WALNUT**

BREAKFAST WRAPS

Choose from CLASSIC Eggs, Ham, Sausage or Bacon, Cheese GREEK Eggs, Spinach, Feta, Mushrooms INCLUDES: **CREATE YOUR OWN** Home Fries

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6^{99}_{\text{PER PERSON}}
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FAMILY FRUIT PLATTERS

A beautifully decorated fresh fruit platter filed with an assortment of delicious seasonal fruit.

\$49.95 Serves up to 12 \$69.95 Serves up to 20



FAMILY CHEESE PLATTERS

A beautiful platter filled with a variety of gourmet cheeses complimented with seasonal fruit.

We combine homemade food that is

prepared daily in our kitchen, along

with a family—friendly atmosphere

where each customer is treated as a

member of the family. Customers are

personally known by name, so each day

they are greeted with a warm welcome

food and personal service distinguishes

and smile. This combination of good

Family Bagels from the competition.

As a family business serving a

community built around family,

everyone working at Family Bagels

\$49.95 Serves up to 15 \$69.95 Serves up to 20



FAMILY CRUDITE PLATTERS

An assortment of fresh vegetables and our homemade dip.

\$49.95 Serves up to 12 \$69.95 Serves up to 20



FAMILY DESSERT PLATTERS

Deliciously sweet for your special event. A variety of fresh cookies, mini-danish & rugulach.

\$34.95 Serves up to 12 \$49.95 Serves up to 20

understands that "good food served with the personal touch" is what keeps customers coming back day after day.

Our philosophy is "To serve quality food in a manner that is pleasant and consistent for all our customers". With so many choices, customers can go anywhere to get what they want.

We invite you to explore and sample our wide variety of food selections and for the health and diet conscious check out our Healthy Food Options including Lo-Carb Bagels, Light & Fat Free Salads.

FAMILY OWNED & OPERATED ALL PREPARED FOODS MADE ON PREMISES





NEW YORK • FLORIDA

familybagelsli.com

COOPER CITY

8735 Stirling Road Cooper City, FL 33328 Tel: (954) 434-7555 Everyday 7:00am—3:00pm **COCONUT CREEK** 5369 Lyons Road

Coconut Creek, FL 33073 Tel: (954) 418-7100 Everyday 6:30am—3:00pm



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Family Gourmet Catering is the perfect choice for any special occasion.

Create your menu from Family Gourmet' delicious selection of platters heroes, party bagels, salads and desserts. Your guests will rave about the mouth-watering food and spectacular presentation made especially for your event.

FAMILY **WRAP BASKETS**

Choose from our traditional homemade salads and provisions or choose from our Signature Wraps to customize a beautiful garnished wrap basket

THE CAESAR WRAP

THE NEW YORKER

THE RAM w/Horseradish



FAMILY SANDWICH PLATTER

An assortment of sandwiches made on your choice of bread. Includes choice of homemade potato salad, cole slaw, macaroni salad or cucumber salad



\$1195 PER PERSON

SLICED COLD CUT PLATTER

Freshly cut Turkey, Roast Beef, Pastrami, Corned Beef, Genoa Salami, etc.

Includes an assortment of breads and your choice of homemade potato salad, cole slaw, macaroni salad or cucumber salad

Add sliced cheeses for \$1.00 extra per person



 γ_{95} PER PERSON

FAMILY FISH PLATTERS

A garnished fish platter created with the freshest of your favorite fish delights

INCLUDES:

Sliced Nova or Lox. Whitefish (filleted or stuffed). Sliced Baked Salmon & Sable Assorted Cream Cheeses and an assortment of Bagels, Bialys and Flagels Trav of Sliced Onions. Tomatoes. **Cucumbers & Peppers**

Served with 2 bagels per person

FAMILY APPETIZING SALAD PLATTERS

Choose from any of our homemade salads to make a beautiful salad platter

INCLUDES:

An assortment of bagels, bialys and flagels Choice of homemade potato, cole slaw, macaroni or cucumber salad

Served with 2 bagels per person

Tuna **Chicken Salad** Egg Salad Whitefish **Baked Salmon**

ON THE LIGHTER SIDE

Low-Fat Vegetable Tuna Low-Fat Family Tuna (Apples and Craisins)

Low-Fat Egg White Vegetable Salad Low-Fat Egg White Spinach Salad



 $12^{95}_{PER PERSON}$

 $521^{95}_{PER PERSON}$

Low-Fat Egg White Mushroom Onion Spinach Salad Low-Fat Family Egg White Salad (Apples and Craisins)

Low-Fat Vegetable Chicken Salad Low-Fat Family Chicken Salad (Apples, Craisins, Walnuts)

Family Gourmet's ultimate goal is to have you thoroughly enjoy your event. Our fresh, quality foods, attention to detail and friendly, gracious service allows you to unwind and enjoy. Whether it is at home or work, large party or quaint get-together... we treat you like Family!

Call us to help create your next distinguished affair.

Includes choice of homemade potato salad, cole slaw, macaroni salad or cucumber salad

Choose from these popular choices or create your own

THE LONG ISLANDER Turkey, Melted Swiss, Bacon, Cole Slaw w/Russian Dressing

Grilled Chicken, Romaine, Croutons, Parmesan Cheese w/Caesar Dressing

Grilled Chicken, Roasted Peppers, Fresh Mozzarella, Romaine Lettuce & Pesto

Roast Beef, Cheddar, Sautéed Onions,



THE THUNDERBIRD Grilled Vegetables, Fresh Mozzarella, Mesculin w/Balsamic Vinaigrette

THE SOUTH BEACH Turkey, Bacon, Lettuce, Tomato w/Honey Mustard

THE ITALIANO Genoa Salami, Ham, Pepperoni, Provolone, Lettuce, Tomato, Onion w/Oil & Vinegar

MANDARIN SALAD WRAP Lettuce, Tomato, Carrots, Mandarin Orange, Walnuts w/Raspberry Vinaigrette



FAMILY TOSSED SALADS \$39.95 serves up to 8

\$59.95 serves up to 14 Family Salad platters are made

with fresh lettuce, vegetables and cheese and make your menu complete

CAESAR SALAD CLASSIC Fresh Romaine Hearts with Grated Parmesan Cheese with Caesar Dressing

FILED OF GREEN

A medley of field greens and Mesculin lettuce with fresh broccoli, mushrooms, Bermuda onion, cucumber, tomato, sliced green & red peppers, shredded cheese, bacon bits & croutons served with your choice of dressing

GREEK ISLAND SALAD Crisp Romaine Hearts with fresh Feta Cheese, tomatoes and Olives, served with Greek Dressing

Any salad is available to be made chopped style. Add Grilled Chicken for an additional charge.