



FREEPORT YACHT CLUB

CATERING by *Rachel's*

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Freeport, NY 11520

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[www.cateringbyrachels.com](http://www.cateringbyrachels.com)

516-208-8490

## Caribbean Buffet Menu

### Assorted Appetizer Platters

Choose 2

Fried Plantains

Salted Cod Fritters

Jerk Chicken Salad in cucumber cups

Mini Beef Patty's

Pulled Chicken on Plantain Chips

Shrimp Ceviche in Phyllo Cups

Chicken Satay with Cilantro and Lime

### Gourmet Salads

Choose 2

Rachel's Salad- Mixed greens, dried cherries, almonds, gorgonzola cheese with raspberry vinaigrette

Spinach- Chopped egg, mushrooms, tomato and red onion with bacon vinaigrette

Mediterranean- Crisp Romaine, Feta, olives, tomato, red onion, cucumber, artichoke hearts, roasted red peppers with red wine vinaigrette

Black Bean Salad -Tossed with roasted peppers red onion in a Mojo vinaigrette

Gorgonzola- Gorgonzola cheese, toasted pecans, Bosc pears, mixed greens with balsamic vinaigrette

Southwestern- Baby greens, tomato corn salsa, avocado, crispy tortillas with tomato chipotle vinaigrette

Potato and Beet Salad- Yukon gold potato and fresh roasted beets tossed in a house made aioli

Pasta Salad- Bowtie pasta, toasted pine nuts, asparagus, plum tomato, sweet basil and shaved parmesan

Orecchiette Pasta Salad- Broccoli, sun dried tomato, ricotta salata, sweet roasted garlic, basil and extra virgin olive oil

Yukon Gold Potato Salad/Macaroni Salad/ Cole Slaw

## Entrees

Choose 4

Braised Chicken in Soffritto

Grilled Tilapia- With lime tomato and corn

Roasted Pork Ribs -With caramelized onions and sweet peppers

Jerk Chicken- Jamaican inspired spicy grilled chicken

Braised Oxtails - in a rich brown sauce with a scotch bonnet kick

Escoveitch Fish- crispy fish topped with a spicy onion pickle

Jerk Pork- Jamaican inspired spicy grilled pork

Dominican Slow Roasted Beef -Over Mashed Yucca

Roasted Kalabasa- Garden fresh kalabasa tossed with sweet spices and olive oil roasted till tender

Beef or Pork Ribs- With caramelized onions and sweet pepper

Curried Chicken - Bone in Chicken simmered in a coconut curry

### Bajan Pepperpot

Chili Rum Glazed Tilapia- Roasted tilapia brushed with lightly spiced rum chili glaze

\*\*Mojo Shrimp- Grilled Gulf Shrimp tossed with garlic, sour orange, and extra virgin olive oil

Jamaican Jerk Salmon with Pineapple Mango Salsa- Spicy grilled North Atlantic salmon topped with house-made pineapple mango salsa drizzled with lime aioli

## Side Dishes

Choose 2  
Rice Pilaf  
Rice and Peas  
Roasted Red Potatoes  
Sautéed Vegetables  
Rice and Red Beans  
Crispy Sweet Plantains  
Lyonnaise Potatoes

## Dessert

Price includes 1 of the following desserts

Occasion Cake  
Mini Pastries and Gourmet Cookies  
Fresh Fruit

Coffee, Tea, Soda Also Included

## Additional Desserts

### **\*\*Chocolate Fountain**

Bananas, Strawberries, Pineapples, Marshmallows, Pound Cake, Rice Crispy Treats, Pretzels

### **\*\*Ice Cream Sundae Bar**

Vanilla and Chocolate Ice Cream, Chocolate Syrup, Caramel, M&M's, Crushed Oreos, Gummy Bears, Sprinkles, Whipped Cream, Cherries

### **\*\*Cotton Candy Machine**

### **\*\*Make Your Own Cupcakes**

Chocolate and Vanilla Cupcakes with icing, and various toppings including sprinkles, crushed Oreos, M&Ms, crushed pretzels, Reese's Pieces, etc.

### **\*\* Demi Tasse Bar**

With espresso, cappuccino, herbal teas and cordial cart with brandies, Cognacs and after dinner liqueurs.  
Chocolate cordial cups, Strawberries and fresh whipped cream.